

Procore Curricula  
Exercise #1 - Door Takeoff

Door Type	Door Number	Material	Notes
A			
B			
C			
D			
E			
F			
G			
H			
J			
K			

**Procore Estimating Tool**  
**Exercise #2 - Takeoff - Flooring**

<i>Flooring Type</i>	<i>Quantity</i>	<i>Unit</i>	<i>Notes</i>
<b>Carpet Tile</b>			
<b>Sheet Carpet</b>			
<b>Ceramic Tile</b>			
<b>Sealed Concrete</b>			

Procore Estimating Tool  
Exercise #3 - Takeoff - Studs & Track

<i>Material</i>	<i>Unit (ea or lf)</i>	<i>Quantity</i>	<i>Notes</i>
<b>Steel Studs: 3'5/8"</b>			
<b>Steel Studs: 6"</b>			
<b>Track: 3-5/8"</b>			
<b>Track: 6"</b>			

Procore Estimating Tool  
Exercise #6 - Takeoff - Slab on Grade

<i>Component</i>	<i>Unit</i>	<i>Quantity</i>	<i>Notes</i>
Slab on Grade - Volume	CY		
Slab on Grade - Finished Surface Area	SF		

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Exercise #7 - Estimate Details

Exercise #	Takeoff Description	Cost Code	Item Cost	Labor Hours Per Unit	Labor Markup %
1	Door Type - A	08-100	\$ 475.00	2.50	5%
	Door Type - B	08-100	\$ 475.00	1.75	5%
	Door Type - C	08-100	\$ 325.00	1.75	5%
	Door Type - D	08-100	\$ 325.00	1.75	5%
	Door Type - E	08-100	\$ -	0.00	5%
	Door Type - F	08-100	\$ 300.00	1.75	5%
	Door Type - G	08-100	\$ 350.00	1.75	5%
	Door Type - H	08-100	\$ 350.00	1.75	5%
	Door Type - J	08-100	\$ 350.00	1.75	5%
	Door Type - K	08-100	\$ 350.00	1.75	5%
2	Carpet - Tile	09-600	\$ 4.25	3.00	5%
	Carpet - Sheet	09-600	\$ 14.00	0.55	5%
	Ceramic Tile	09-300	\$ 8.35	4.60	5%
	Sealed Concrete	03-050	\$ 1.35	0.75	5%
3	Steel Stud - 3-5/8"	05-400	\$ 7.75	0.25	5%
	Steel Stud - 6"	05-400	\$ 9.25	6.00	5%
	Steel Track - 3-5/8"	05-401	\$ 1.50	6.00	5%
	Steel Track - 6"	05-402	\$ 1.75	6.00	5%
4	Column Footings-Volume 30"x30"x30"	03-050	\$ 155.00	0.25	5%
	Column Footings-Volume 24"x30"x30"	03-050	\$ 155.00	0.25	5%
	Column Footings-Volume 30"x30"x100"	03-050	\$ 155.00	0.25	5%
	Column Footings-Forming 30"x30"x30"	03-100	\$ 0.44	2.60	5%
	Column Footings-Forming 24"x30"x30"	03-100	\$ 0.44	2.60	5%
	Column Footings-Forming 30"x30"x100"	03-100	\$ 0.44	2.60	5%
5	Bearing Footings-Volume	03-050	\$ 155.00	0.33	5%
	Shear Footings-Volume	03-050	\$ 155.00	0.33	5%
	Column Footings-Volume	03-050	\$ 155.00	0.33	5%
	Bearing Footings-Forming	03-100	\$ 0.44	2.60	5%
	Shear Footings-Forming	03-100	\$ 0.44	2.60	5%
	Column Footings-Forming	03-100	\$ 0.44	2.60	5%
6	Concrete SOG-Volume	03-050	\$ 155.00	0.40	5%
	Concrete SOG-Surface Area (labor for finishing only)	03-100	\$ -	0.10	5%